Brighton SMARTWATCH

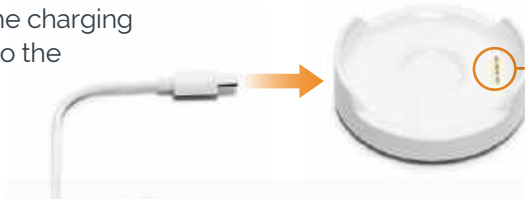## GETTING STARTED WITH
YOUR MEDICAL ALERT SMARTWATCH

Charging Your Device

IMPORTANT: Before using your Medical Alert Smartwatch, it should be **fully charged.**

1. Plug the charging cable into the enclosed adaptor.

2. Insert the other end of the charging cable into the cradle.

Align charging contacts on the bottom of watch with charging pins on base.

3. Plug the adaptor into an electrical outlet.

4. Place the Smartwatch into the charging cradle. You will hear a startup tone and/or verbal confirmation of charging.
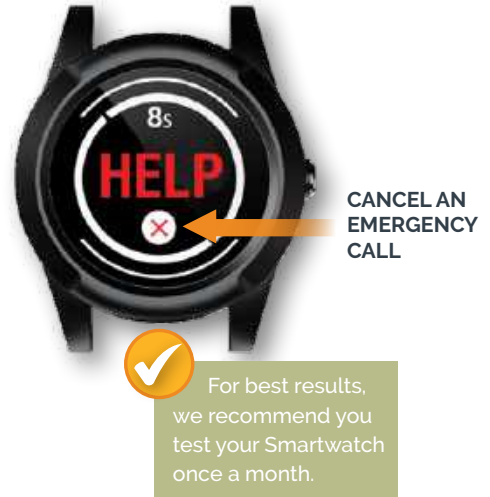
50%

While on the charging cradle, the screen will display the battery percent. At 100% your device is fully charged.

In Case of Emergency

If you need assistance, press and **HOLD** the Home Button until you hear the emergency alert message.

IMPORTANT: To cancel an accidental activation, press the **X** on the display prior to the countdown reaching zero.

MAKE AN EMERGENCY CALL

Speak towards the face of your watch when you are connected to emergency support.

CANCEL AN EMERGENCY CALL

For best results, we recommend you test your Smartwatch once a month.

Know Your Smartwatch

If the screen is blank, press the Home Button to display the Time & Date.

When viewing the Time/Date, swipe right to access additional options.

Cellular Strength

Battery Level

TUE 19

01:48 PM

Home Button

Heart Rate

Steps

For best results charge your **Smartwatch** every night.

TUE 19

01:48 PM

Home Button

Menu Options

Heart Rate
Press the watch face to measure your heart rate.

Pedometer
Press the watch face to track your daily steps and activity.

Weather
Press the watch face to get today's weather forecast.

Turn Watch Off
Press the watch face to turn off your Smartwatch.

The heart rate monitor is for informational purposes only and is not intended to replace traditional methods of diagnosis or treatment.
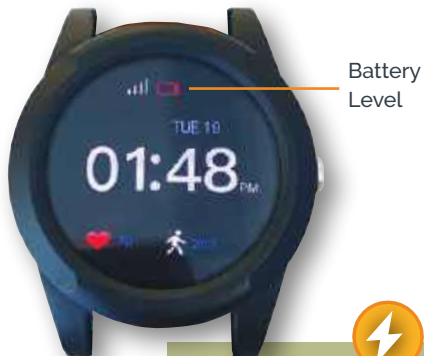
To turn watch back on, press and hold the Home Button.

We recommend for safety purposes not to turn your watch off unless necessary.

Battery Warning

When the battery level is low, you will hear a low battery message and the battery level indicator will turn red. When this happens, you should charge your device as soon as possible.
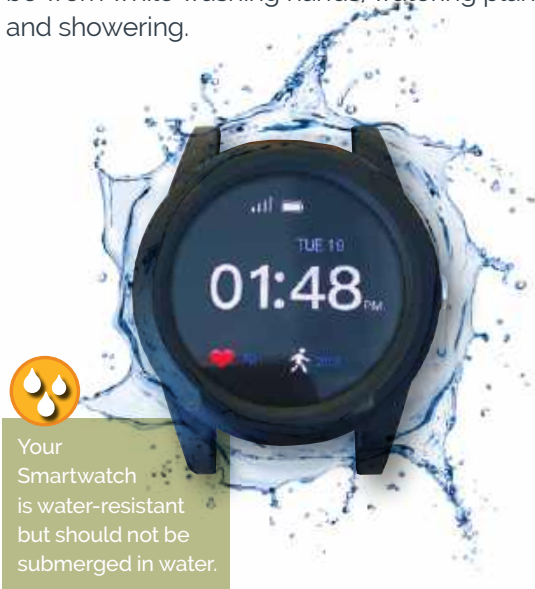

Battery Level

For best results charge your watch every night.

Shower Safe

Your Smartwatch is water-resistant and can be worn while washing hands, watering plants and showering.

Your Smartwatch is water-resistant but should not be submerged in water.

This device is dependent on cellular coverage
to work. Where cellular coverage is limited,
you may encounter diminished device capabilities.